

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

04/11/2024  
25/11/2024  
16/12/2024  
20/01/2025  
10/02/2025  
10/03/2025  
31/03/2025

Option One

**NEW** Tomato & Vegetable Pasta

Beef Lasagne with Garlic Bread

Roast Chicken with Stuffing, Roast Potatoes & Gravy

Chicken Meatballs in Tomato Sauce with Rice

Salmon Fishfingers/ Fishfingers w ith Chips & Tomato Sauce

Option Two

Mexican Fajitas w ith Rice

**NEW** Creamy Chickpea and Coconut Curry w ith Rice

Parsnip and Sw eet Potato Loaf, Stuffing, Roast Potatoes and Gravy

Cheese and Broccoli Pasta with Garlic Bread

Mexican Bean Roll w ith Chips & Tomato Sauce

Vegetables

Baked Beans & Mixed Vegetables

Cauliflow er Florets & Garden Peas

Broccoli Florets & Sliced Carrots

Green Beans & Sw eetcorn

Garden Peas Baked Beans

Dessert

Blackberry and Apple Crumble w ith Custard

Melting Moment Biscuit

Fruit Platter

Carrot and Courgette Cake

Chocolate Orange Cookie

### WEEK TWO

11/11/2024  
02/12/2024  
06/01/2025  
27/01/2025  
24/02/2025  
17/03/2025

Option One

Wholemeal Vegetable Pasta Bake

**NEW** Chicken Pasta Bake w ith Garlic Bread

Sausage and Mash w ith Gravy

Vegan Spaghetti Bolognaise w ith Garlic Bread

Fishfingers w ith Chips & Tomato Sauce

Option Two

**NEW** Mild Mexican Chilli w ith Rice

Lentil and Sw eet Potato Curry w ith Rice

Vegan Sausage and Mash w ith Gravy

Vegan Quorn Korma w ith Rice

Cheese and Tomato Quiche w ith Chips & Tomato Sauce

Vegetables

Sw eetcorn & BBQ Beans

Green Beans & Cauliflow er Florets

Savoy Cabbage & Sliced Carrots

Mediterranean Vegetables

Garden Peas Baked Beans

Dessert

Marble Sponge Cake w ith Custard

Jelly w ith Mandarins

Fruit Medley

Peach Cake

Oaty Cookie

### WEEK THREE

18/11/2024  
09/12/2024  
13/01/2025  
03/02/2025  
03/03/2025  
24/03/2025

Option One

All Day Vegetarian Breakfast

**NEW** Mild Caribbean Chicken w ith Rice and Peas

Roast Beef Roast Potatoes and Gravy

Rainbow Pizza w ith Potato Wedges

Breaded Fish w ith Chips & Tomato Sauce

Option Two

Plant Balls in Tomato Sauce w ith Rice

**NEW** Caribbean Butterbean Stew w ith Rice and Peas

Vegetarian Cottage Pie w ith Gravy

Chinese Vegetable Noodles

Cheese and Pepper Omelette w ith Chips & Tomato Sauce

Vegetables

Roasted Carrots & Green Beans

Sw eetcorn & Mixed Peppers

Garden Peas & Cauliflow er Florets

Broccoli & Sliced Carrots

Garden Peas Baked Beans

Dessert

Chocolate and Beetroot Brownie

Pear and Chocolate Sponge w ith Custard

Fruit Salad

Jam & Coconut Sponge w ith Custard

Vanilla Shortbread

### MENU KEY



Added Plant Power



Wholemeal



Vegan

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily: Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt